

# Power Tool #6: Social Intelligence

## Step 1: Words to Know

**Directions:** Review and master each term before watching the video.

TERM	DEFINITION
Sympathy	sharing the feelings of another, especially in sorrow or trouble
Respond	to reply or answer in words or actions
Crucial	extremely important
Body Language	ways people communicate without words, such as facial expressions, body postures, or gestures
Re-stabalize	return to a normal, balanced, or peaceful state
Jealousy	resentment toward someone enjoying success or advantage
Ridicule	make fun of or laugh at a person with words or actions
Bullies	people who pick on or abuse smaller or weaker people

## Step 2: Watch the Video: Power Tool #6 - SOCIAL INTELLIGENCE

**Directions:** Access the video from the Crossover Training web site: [www.crossovertraining.org](http://www.crossovertraining.org). Go to Power Tools and then click on Power Tools Units.

## Step 3: Memorize Power Pledge Verse

**Directions:** You must memorize this verse of the Crossover Power Pledge.

I have Social Intelligence. I **uplift** and **support**  
those **around me**.

## Step 4: Take the Power Tool #6 - SOCIAL INTELLIGENCE Quiz

**Directions:** Access the quiz from the Crossover Training web site: [www.crossovertraining.org](http://www.crossovertraining.org). Go to Power Tools and then click on Power Tools Units. There are two quiz levels. Junior quizzes are for elementary grades through sixth grade. Pro quizzes are for grades seven through high school.

## Step 5: Recite Power Pledge Verses Learned So Far

**Directions:** You must successfully recite all the verses of the Power Pledge you have learned so far to a Crossover tutor or staff member in order to have it signed off on your Power Tools Log.

**Hints:** I am a powerful person ... I have GRIT ... I have OPTIMISM ... I have RESILIENCE ... I have SELF CONTROL ... I have GRATITUDE ... I have SOCIAL INTELLIGENCE ...